

WHY FAST?

Fasting is a way to demonstrate to God, and ourselves how serious we are about our relationship with God. This Lent, let's fast together.

See our community fasting schedule on Pages 4-5

Retreat gives an awakening for our youth

Thirty-five adults and high school youth from across the Mid-America Region converged at Jo-Ota Retreat Center over MLK, Jr. weekend for a Winter Retreat.

The weekend consisted of presentations, simulations, games, fellowship, worship and discussion groups, all centered

around the topic of social justice. Rev. Loy Hoskins presented an eye-opening account of white privilege. Rev. Sally Robinson and Lisa Conner-Collier from the DOC Pro-Reconciliation/Anti-Racism team shared history, videos, stories and conversation about awareness and their works towards reconciliation. Rev. Jeff Moore helped participants dig into the Bible and reflect upon scriptural accounts and Jesus' instructions regarding social justice. William Jackson finished off the presentations with discussion on our personal privileges and categories of oppressed groups.

The group participated in simulations and exercises demonstrating the effects of discrimination and oppression. An activity on economic disparity resulted in a small elite ruling class, countered by a majority lower class and even an impoverished group of angry protesters demanding fair treatment.

Tomorrow's world looks more just and hopeful through the eyes of youth who are WOKE to white privilege, systemic racism, discrimination and oppression, and are passionate about creating equality and justice for ALL of God's children. - Carole Hughes



WGCC's attendees were Ben Pugh, Sam Fink, Xander Gerdes, and Khotso Moore. Carole Hughes and Jeff Moore also attended.

Green is the new Red!

Visit the Fair Trade table for Valentine Specials.

Chocolate and Nuts! Organic chocolate bars, fruit/nut bars and roasted salted cashews

Equal Exchange chocolates uses only the purest ingredients, grown with care by small farmer co-ops. These small farmers are the heart and soul of the fair trade movement.

Coffee! Tea! How fitting for Valentine's Day....Love Buzz Coffee. It's our premium grind. Try our new teas, Peppermint and Vanilla.

Cards! Across from the Fair Trade table, skip Hallmark. Opt for the Heart to Heart CWF Cards, WGCC crafted. Add your own words of praise.

Taste the Coffee Coffee Cake at Webster Cafe Sunday Feb. 4. Made with our Love Buzz Equal Exchange coffee from the fair trade table. -Pat Roseman



A BRO thank you

Thanks, thanks, thanks to everyone for the beautiful quilts, caps and more that were donated to B.R.O. You made a lot of children very happy!

All the toys, books and puzzles were very welcome. Thanks for all of your talent, money, and time.

As you probably know, BRO is now closed. -Donna Wolff-Crump

Disciples women: A short but busy month ahead!

February may be the shortest month, but the Disciples Women will be making the most of the fewer days. There is no luncheon again this month, but there will be other activities. Lent starts on Feb. 14 with many opportunities for service and study.

The service project for the month is a monetary collection for KAEChP (Kirkwood Area Every Child Promise). We are trying to collect enough to buy a large item for the closet. We hope for a crib or car seat.
- Sally Smith

Feb. 8 is the date for two of the group meetings:
Lydia: 9:30am, Julie Wood's home
Martha: 12:30pm, Heritage Room (WGCC)
hostess: Marilyn Combs & Mary Sue Finney

Feb. 15: The Tabitha group has chosen to move their meeting date to the third Thursday each month. Please mark your calendars accordingly.
Tabitha: 7:00pm, Heritage Room (WGCC)
hostess: Laura Stuetzer

KAEChP catch-up

10 things that Kirkwood Area Every Child Promise accomplished in Year One.

- Successfully raised more than \$50,000
- Established an endowment fund
- Established a partnership with eight local preschools to place students in reduced-tuition spots
- Received a State of Missouri grant with Kirkwood Library to address teaching around the topic of race
- Coordinated with Kirkwood Public Schools to offer free dental screening and follow-up care to students
- Sponsored the First Annual KAEChP golf tournament at Westborough County Club, with WGCC. (Mark your calendars for Oct. 1, 2018!)
- Facilitated collaboration between Greentree Church, the YMCA and Tillman Elementary School to pilot a YRead tutoring program
- Established The Promise Place: clothing, safety, and health item resource center, in collaboration with WGCC
- Received a grant through St. Louis Diaper Bank to house diapers in The Promise Place
- Expanded the backpack meals program; Project N.O.W.

That's quite a list for year one! Thank you for contributing to our success. - Melissa Sandbothe, KAEChP board member



Hap Michener 1923-2108

Please pray for the family of Hap Michener, for whom a family committal service will be held at Jefferson Barracks on Friday, Feb. 2.



Bob Herr 1933-2018

Please pray for the family of Bob Herr, for whom a memorial service will be held in the WGCC sanctuary at 11 a.m. on Saturday, Feb. 10.



Shutting down the school-to-prison pipeline

Koinonia Class for February will be held in the chapel.
Topic of discussion: School to Prison Pipeline. All Are Welcome

The practice of pushing kids out of school and toward the juvenile and criminal justice systems has become known as the “school-to-prison pipeline.”

In other words, it is a process of criminalizing youth that is carried out by disciplinary policies and practices within schools that put students into contact with law enforcement.

This has become a hot topic of debate in discussions surrounding educational disciplinary policies as media coverage of youth violence and mass incarceration has grown during the early 21st century. With a congregation full of educators, this should be very interesting and informative. So, let’s sit and discuss your thought on this growing issue. - Pat Jackson

March 31: Please Join the Koinonia Class at the St. Louis History Museum, as we tour the exhibit #1 in Civil Rights. The African American Freedom Struggle in St. Louis. Time: TBD

Memorial Garden celebration of life

On Sunday, March 11, at noon in the WGCC Memorial Garden there will be a brief service of committal and thanksgiving for the life of Nancy Wohonick McGormley.

Nancy joined Webster Groves Christian Church in 1976. She married her husband Duane there in 1994. She died in Dothan, Alabama, in 2013.

Please join us for this moment of remembrance and thanksgiving.



YOUR LENTEN FASTING SCHEDULE

Fasts during Lent (Please use discretion during fast for medical needs.) 6am-6pm

SUN	MON	TUE	WED	THU	FRI	SAT
FEB: Weekly Scripture – Matthew 4:1-11			Water only	No caffeine	Pray for your enemies	Perform a random act of kindness
WEEK 1: MARK, CHAPTERS 1 & 2						
Weekly Scripture – Jeremiah 18:18-20	No media:TV radio, internet, newspaper, unless for church/work	No red meat	Pray for healing	Fruits, vegetables, nuts only	Water, non-caffeinated teas and 100% fruit juice only	No dining out
WEEK 2: MARK, CHAPTERS 3, 4 & 5						
Weekly Scripture – I Corinthians 1:25-30	Liquids only: includes fresh juices, low-fat broth, non-caffeinated teas	No soda or juice (water/ non-caffeinated teas only)	Silent prayers at least 3 times between sunrise and sunset	MARCH: No bread/pasta/potato	No sweets/no sugar	No fast food
WEEK 3: MARK, CHAPTERS 6, 7 & 8						
Weekly Scripture- John 3:14-18	Fruits, vegetables only	Meatless meals	No soda or juice	Liquids only: includes fresh juices, low-fat broth, non-caffeinated teas	No caffeine	Pray for kids (incarcerated, those waiting for adoption etc.)
WEEK 4: MARK, CHAPTERS 9, 10 & 11						
Weekly Scripture – John 3:30 & Micha 5:4	No snacking between meals	No music/TV/ YouTube/ Pandora - unless for work/church	Drive in silence (no radio)	Liquids only: includes fresh juices, low-fat broth, non-caffeinated teas	No sweets/no sugar	Replace 30 minutes of TV time w/ 30 minutes of prayer time
WEEK 5: MARK, CHAPTERS 12, 13 & 14						
Weekly Scripture - John 20-24	No soda or juice	No sweets/no sugar	No caffeine	No media:TV radio, internet, newspaper, unless for church/work	No bread/pasta/potato	Pray for the life of the church
WEEK 6: MARK, CHAPTERS 15 & 16						
Weekly Scripture - Hebrews 5:7-9	Silent prayers at least 3 times between	Spend time meditating	Liquids only: includes fresh juices, low-fat broth, non-caffeinated teas	Give to the poor/pray for the marginalized	Good Friday: No red meat/ no sweets/no sugar	
HOLY WEEK: Share the love of Jesus, at least once this week						

IN OUR PRAYERS ...

Recent concerns

- Andy Lindberg as he continues rehabbing
- For Gloria Hutchings, as she continues to recover
- Safe travels for Terri Crist
- Robin Woodrome's student Victor, who has an intestinal illness
- Ken, the father-in-law of Robin's sister-in-law, who is sick
- Deb Werner's friend, Kaye, who has terminal cancer
- Wayne DeKinder, suffering from strep throat
- Bess Barton, who is undergoing a double mastectomy
- John Burney's father, who turned 105, but is battling pneumonia
- For Frank and Leslie, friends of the Pahls, on the recent death of their son Jacob
- Sue Winchester, who has been sick for a few months
- The niece of KJ Reynolds, suffering from a brain tumor
- Susan Burney's niece, who broke her back while skiing
- Bill Sullivan, as he continues to recuperate
- Dick and Donna Savage, who are facing health issues
- Michelle Fielden as she continues to recover from a car accident

Thanks for ...

- A great grandchild for Marilyn Nennert

- The gift of June England, which has helped so many of our students in college

Community prayers

- For refugees and immigrants
- For families who have lost children to domestic violence

Ongoing concerns

- Bill Woodrome
- John Norris
- Doris Derickson
- Kathy Carson
- Michelle Fielden
- Jane Michener



Bravo!

Congratulations to WGCC's Kay Martin Love for being nominated for a 2018 St. Louis Theater Circle Award for her performance, Kay was nominated for her role as Mother in the Stray Dog Theatre production of "Ragtime."



Thank you!

Thank you for letting me share about my trip with Won By One to Harmons, Jamaica. I greatly appreciate your endless support and prayers. You can help raise funds for my trip by going to my church site at Mizzou, the Crossing, at <http://bit.ly/jamaicacr> or you can email my mom at lori_rose@hotmail.com -Celia Rose

UPCOMING EVENTS

ACCESS THE CALENDAR
AT WGCC.ORG

Handy Hands from the Shepherd Center

The Shepherd Center has volunteers waiting to help adults 55+ who are responsible for home maintenance fix leaking faucets, change light bulbs and other minor home repairs.

If a job requires more expertise than the Handy Hands volunteers can offer, the Shepherd's Center has a Resource Referral Service through which it can refer vendors that have been vetted through our organization.

If you need a hand, contact the Shepherd's Center at 314.395.0988

SUNDAY, FEB. 4	9 a.m.: Christian formation 10:30 a.m.: Worship
TUESDAY, FEB. 6	10 a.m. Proverbs Bible study (library)
THURSDAY, FEB. 8	7:30 a.m.: Foodbank run 10 a.m.: Shepherd Center line dancers CWF group meetings
SUNDAY, FEB. 11	9 a.m.: Christian formation 10:30 a.m.: Worship 5 p.m.: Room at the Inn
TUESDAY, FEB. 13	10 a.m. Proverbs Bible study (library)
WEDNESDAY, FEB. 14	7 p.m.: Ash Wednesday service
THURSDAY, FEB. 15	10 a.m.: Shepherd Center line dancers
SUNDAY, FEB. 18	Week of Compassion offering 9 a.m.: Christian formation 10:30 a.m.: Worship
TUESDAY, FEB. 20	10 a.m. Proverbs Bible study (library)
WEDNESDAY, FEB. 21	5:30 p.m.: Lenten discussion, Fellowship Hall
THURSDAY, FEB. 22	Cardmakers 10 a.m.: Shepherd Center line dancers 5 p.m.: Room at the Inn
SUNDAY, FEB. 25	9 a.m.: Christian formation 10:30 a.m.: Worship
TUESDAY, FEB. 27	10 a.m. Proverbs Bible study (library) Deadline for next Witness
WEDNESDAY, FEB. 28	5:30 p.m.: Lenten discussion, Fellowship Hall

From 'All Colors' to 'Black and White'

The Portfolio Gallery presents "All Colors," a Visual Arts Invitational & Juried Exhibition at the St. Louis Artists' Guild. The exhibition runs through Feb. 28.

"All Colors" showcases artists from around the country that many mainstream publications have overlooked.

The exhibition will promote the abundant artistic talent from within the St. Louis art community and is intended to be an annual destination event that attracts art collectors and artists to the St. Louis area.

Also a reminder that "Fatherhood in Black and White" runs through Feb. 25 in the Gallery Within. Gallery hours are Tue-Fri, 9 a.m. to 3 p.m..

Webster Groves Christian Church

(Disciples of Christ)

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The SEGA connection newsletter is available at <http://www.mid-americadisciples.org/>

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